



MOC CHAU

NATIONAL TOURIST AREA



COME
& ENJOY



<http://sonla.gov.vn/>
<http://mocchautourism.com>



TABLE OF CONTENTS

01 INTRODUCTION OF
MOC CHAU
[04 - 09]

02 CONQUER PHA LUONG PEAK
[10 - 11]

03 VISIT DAI YEM FALLS
[12 - 13]

04 TAKE A WALK ON MOC CHAU
TEA HILL
[14 - 15]

05 TAKE PHOTOS WITH A FIELD
OF WHITE BROCCOLI
[16 - 17]

06 EXPLORE SON MOC HUONG
CAVE
[18 - 19]

07 NGU DONG BAN ON
[20 - 21]

08 GETTING OVERNIGHT AT THE
STILT HOUSE IN BAN ANG
[22 - 23]

09 LONG LUONG ZONE,
VAN HO - MOC CHAU
[24 - 25]

10 XUAN NHA - VAN HO
NATURE RESERVE
[26 - 27]

11 MOC CHAU SPECIALTY
CANNOT BE IGNORED
[28 - 29]

12 CULTURAL ASSOCIATION IN
MOC CHAU - VAN HO
[30 - 36]

MOC CHAU NATIONAL TOURISM

► **M**oc Chau Resort is located on Moc Chau Plateau, it takes 173 km from Ha Noi following by the Highway Ha Noi – Hoa Binh – Van Ho – Moc Chau – Son La City.

* **Climate:** It's almost fresh, cool in all year, with many unique products such as tea, milk, plum, butter... which shows this land is favorable for the plant. With valuable resort area, Moc Chau is suitable for implement the type of eco-tourism, hi-tech agricultural tourism.

* **Space:** There are prairie grasslands, adjacent tea plantations with an area of nearly 3,000 hectares, creating a spacious space, The tourist destination is still pristine.

* **Culture:** The diversity of cultural identity with many ethnic groups and long history of culture is favorable conditions to exploit the development of unique cultural products of high value.

- Average height of **1.050 m**
- Temperatures are mild, cool, less foggy in winter, the average temperature of summer months is between

18°C – 21°C



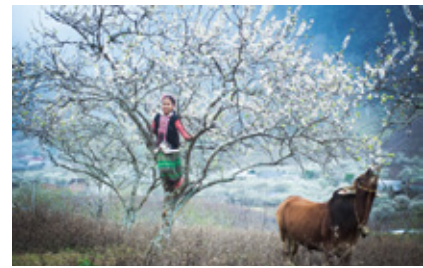
In addition to tourism resorts, resorts Moc Chau are qualified to develop many types of tourism with characteristic of a plateau such as ecotourism cruise on the slopes, grasslands, hills Tea, fruit orchard, vegetable garden for export, a palace to study ecological forests, caves, waterfalls...;

With many beautiful landscapes (mountains, grasslands, tea hills, special-use forests, caves, waterfalls, hot spring,...).





Community tourism to study, enjoy the culture of ethnic Thai, Mong, Muong, Dao...;





02

CONQUER

PHA LUONG PEAK

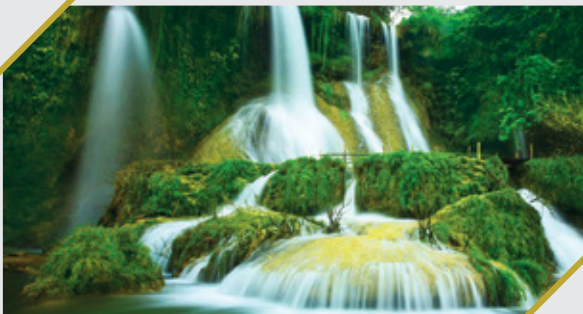
You will not be disappointed when you climb the summit of Pha Luong by the beautiful scenery, blur here. The Pha Luong Range extends over 5 communes: Tan Xuan, Xuan Nha, Chieng Xuan of Van Ho District and Long Sap Commune, Chieng Son District of Moc Chau District, Son La Province, bordering is the Lao People's Democratic Republic, This is a place that many young people want to conquer. Visitors can witness different types of weather here in one morning. Sometimes it was sunny, the atmosphere was warm and then suddenly the sky started to darken, the cold air permeating through the lining made visitors shiver.

Looking down from the top of mountain, the scenery makes visitors want to stay here for so long. Conquering Pha Luong Peak is definitely an unforgettable experience for visitors to Moc Chau.

03

VISIT

DAI YEM FALLS



This waterfall was named Dai Yem because from far distance, the waterfall looks like a melody bridge between heaven and earth. This waterfall belongs to Muong Sang commune, Moc Chau District, Son La Province, is one of the most famous scenery famous for tourists.

The waterfall is about 100 meters high, divided into two branches, one side has 9 floors and one side 5 floors, two falls about 200m apart. Dai Yem waterfall links with the legend of love and faithfulness of Northwestern girls. Dai Yem waterfall is beautiful the most in rainy season (April and October), by this time the amount of water poured much, forming a screen of white water, both majestic and poetic.



TAT NANG WATERFALL

Tat Nang Waterfall is located in the Phu Mau I village, Chieng Yen commune, Van Ho district.

Nestled in the green rice terraces, Tat Nang waterfall waters the fields and souls of travelers yearly.

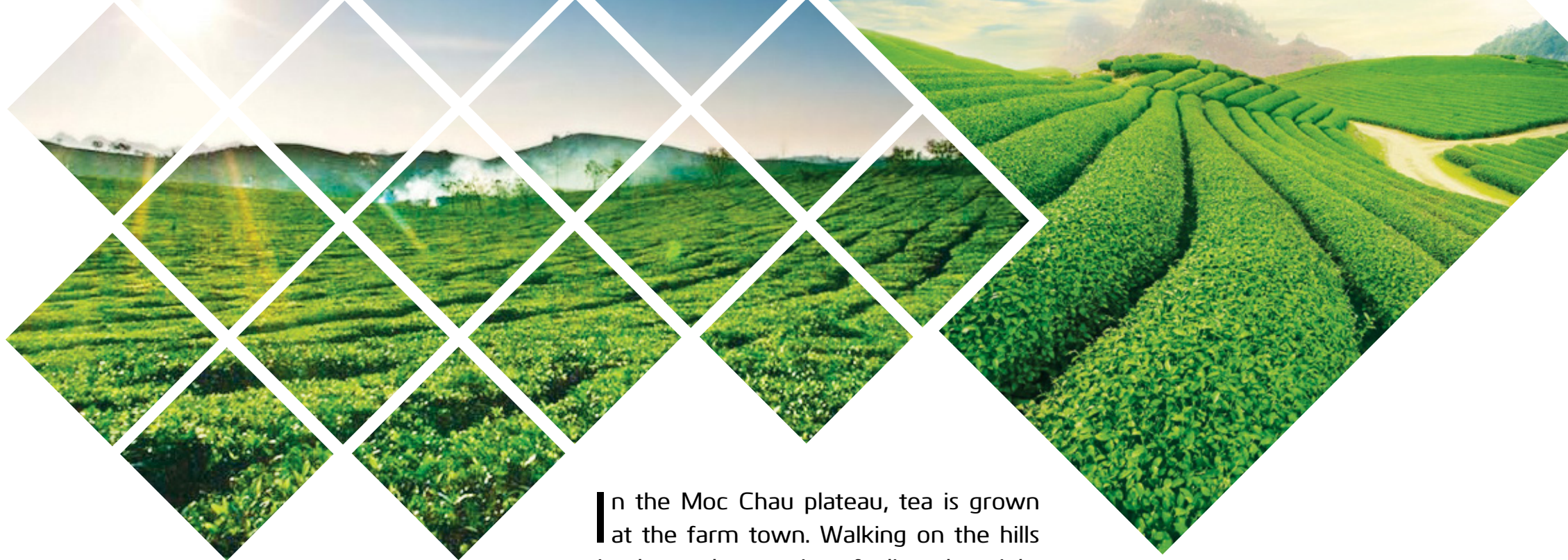
The waterfalls originate from the two streams: Ta Xam stream and Ta Piu stream, flowing from the Phu Mau II village to form the Phu Mau I village. Waterfall is higher than 100m, divided into 3 floors, surrounded by green trees, tourists will be immersed in the harmony of the murmur of waterfall with the sound of wild birds singing in harmony with wild nature and Cold water; and the locals talk about the moving love story of the couple under the falls.

04

TAKE A WALK ON MOC CHAU TEA HILL

Coming here, visitors will buy premium tea to drink gradually or buy them as gifts for family and relatives. Traveling in Moc Chau is a great way to experience the beauty of the countryside.

14



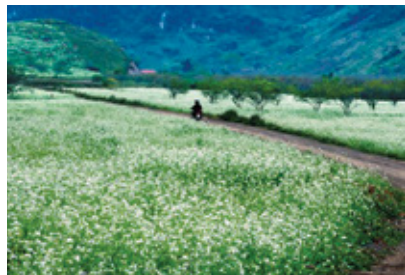
In the Moc Chau plateau, tea is grown at the farm town. Walking on the hills in the early morning, feeling the night dew still on the green leaves, visitors find their hearts settled, fresh spirit, as energized for the next journey

15

05

TAKE PHOTOS WITH
**A FIELD OF
WHITE BROCCOLI**

In Moc Chau, white broccoli is planted in a hollow, extending from one valley to the other to create a beautiful scene as in fairy tales. Broccoli blooms from November to March. November is the time when white cabbage blooms all the way to Moc Chau plateau. You can't help stopping by to shoot this romantic flower.





06

SON MOC HUONG CAVE

From Moc Chau town, on the way to Son La city about 300m, Son Moc Huong cave on the right hand side, about 150m from National Highway 6. Son Moc Huong is also known as Hang Doi Moc Chau. The south face of cave looks down the big valley, in the middle of a large valley of seven small mountains like seven pearls. from the gate, visitors can observe the whole town of Moc Chau. Inside the cave, there are many honeycomb structures, giving viewers the feeling of being lost in the fantasy world.

Ngu Dong Ban on is a system of 5 caves deep below the mountain of Ban On, Co Do sub-area, Nong Truong, Moc Chau town. Ngu Dong Ban On is really an interesting destination for those who love exploring tourism. Will be an ideal destination and unforgettable for visitors.



TANG ME CAVE TOMB

The Tang Me Cave tomb is one of 80 cave systems have suspended tombs in Suoi Bang Commune, Van Ho District, Son La Province. Tang Me Cave is a large rock, about 12 m high, 17 m wide, 16 m deep, about 2.5 km east of Na Loi village. The cave was discovered inside, including 30 burial

tombs made of wood (rotten nail - a good wood, no termite, resistant to rain and sun). The results of C-14 carbon analyzes indicate that these graves date from 1240 years.

In the area of Tang Me cave contains Na Loi cave, and 36 wooden tombs, Khoang Tuong cave contains 7 wooden tombs. The wooden tomb coffins are doubled, inside the gutters, the two key tips form the "tail end swallow". Some coffins in the cave also have serrated shape (water wave). The area of burial tombs is surrounded by limestone karsts in Suoi Bang Commune, with many small streams and jungles lying on the banks of the Da River.

Through research, burial in the wood, is a custom of the ancient race derived from natural conditions and the desire to die safe, to escape. The relics of the tombs of Mang monuments have historically cultural and religious beliefs and archaeological material of ancient people need to continue to be studied thoroughly.



GETTING OVERNIGHT AT THE STILT HOUSE IN BAN ANG



Come to Moc Chau, tourists come to Ang village to experience the activities of local people. This is home of the Thai ethnic. It will be interesting to see Moc Chau visitors enjoying the traditional stilt house, rice paddies, and enjoy the specialties of this village. Do not forget to ask the locals for a beautiful 5 hectare lake with pine forest creating a romantic and mysterious setting.

HUA TAT COMMUNITY TOUR VAN HO DISTRICT

Hua Tat village, Van Ho commune is located along the National Highway 6, the Mong ethnic group with the traditional culture still retained intact. Unique ethnic culture, combined with beautiful landscaping with plum garden, peach garden stretching in the middle of a flat valley that makes Hua Tat become an interesting stop for visitors whenever possible.



09

LONG LUONG, VAN HO - MOC CHAU



24

Go to Long Luong, you will be immersed in the romantic beauty of brilliant colors throughout the four seasons, high mountains, small valleys ... The Mong ethnic minority in Long Luong is famous for its low Glimpse in peach blossom, plum blossom, broccoli, national cultural identity are cherished and preserved.

25



About 40km to the south of Moc Chau is the nature reserve of Xuan Nha - Van Ho. There are many pristine forests and rare animals such as tigers, bears, ... are ideal for eco-tourism.

XUAN NHA - VAN HO NATURE RESERVE





MOC CHAU SPECIALTY CANNOT BE IGNORED

11

The food in Moc Chau is quite famous in North West with many delicious dishes for visitors to choose. If you have been to Moc Chau tourism, you also have to enjoy at least one time of delicious rustic specialties such as sour skin, dairy products, buffalo skin, salmon, spring fish, peach Snails, snake wine ... also you can buy: Buffalo meat stew, Moc Chau Avocados, Lemons, O Long tea, Mong's apple, wine, San Tuyet tea, pistil, honey, cucumber, ... as gifts for family and friends.



CULTURAL ASSOCIATION IN

MOC CHAU – VAN HO


12

- Rain praying festival, Muong Sang Commune, Moc Chau District (February)
- Het Cha Festival, Dong Sang Commune, Moc Chau District (March)
- Bauhinia variegata Festival, Chieng Khoa Commune, Van Ho District (March)
- Xen Muong Festival, Chieng Khoa Commune, Van Ho District and Moc Chau (April)
- Fruit Picking Day, Moc Chau District (May)
- Peach flower Festival, Long Luong Commune, Van Ho District (December)





- Lunar New Year in Moc Chau and Van Ho districts (late August, early September)
- Moc Chau Dairy Cattle Competition, Moc Chau District (October)
- Mong ethnic Tet, Van Ho and Moc Chau districts (December)



Moc Chau is the largest and most beautiful plateau in the northern mountains of Son La province. Located on the famous North West Road with magnificent landscapes, the charming villages along the road with gorgeous flora every year attract many tourists to explore.

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